



## **Competition Brief - Basic first aid**

### **Competition Overview**

First aid skills are important and relevant for all to learn. This competition focuses on basic skills of minor injury treatment and equipment assessment and preparation.

Task duration: 50 minutes

### **Entry Criteria**

- This competition is open to applicants working towards entry level 1.
- Applicant needs basic counting skills (number up to 5) – Resources to be provided and brought with applicant if required.
- A statement of support outlining any individual needs of the participant within the competition must be submitted by 14<sup>th</sup> March 2025 along with their entry form.

### **Entry Capacity Restrictions by organisation**

- Maximum of 2 participants per college and 1 reserve applicant.

### **Brief**

This competition will test competitors knowledge and skills in the following areas:

- Hand washing hygiene (and importance thereof)
- Decision making (based on assessment of situation in front of them)
- Use of equipment (correct preparation, application and disposal)
- Different levels of accidents and the appropriate actions to take accordingly
- Numeracy (identifying equipment and correct amount of each)
- Keeping calm in high pressure situations

### **Activity 1: First aid box checklist:**

- Worksheet



- Identify correct items and count the amount of items in a first aid box. On a worksheet competitor will then have to complete a checklist of the items that are in the first aid box, and whether there are the correct amount of each.

### **Activity 2: Wound severity:**

- Worksheet
- Identify severity of accident (picture) and connect accident picture to the appropriate treatment with pencil drawn line.

### **Activity 3 - practical task:**

- Roleplay practical task
- Member of staff is presented to the attendee with (fake) accident (bruise, small cut, small wound or unconscious but breathing)
- Attendee to assess the situation and decide appropriate treatment
- Attendee to treat the member of staff appropriately (using items in provided first aid box):
  - Handwashing
  - Alcohol free wipes (clean wound)
  - Apply treatment (Bandaging/paster)
  - Clearing away (correct disposal)

### **Infrastructure List**

- Any additional support applicants need to complete task – such as additional visual, speech, hearing or sensory aid (to be agreed between applicant and assessor before competition start).
- If applicant needs additional support from a member of staff this will need to be agreed before competition start and highlighted in their supporting statement

### **Items provided by organisation (applicants will be provided with):**

- PPE
- First aid box (bandages, plasters, plastic gloves, alcohol-free wipes)
- Handwashing facilities
- Worksheets (accident picture assessment worksheet and first aid box checklist worksheet)

## Competition specific rules

- Participants will receive a health and safety briefing.
- Participants will start, and finish work as instructed by the judges.
- All PPE and equipment will be provided by the organization.
- Participants will have 50 minutes to complete all their tasks.
- A statement of support outlining any individual needs of the learners will need to be submitted prior to the competition.
- Participants must only receive support if it is highlighted in their support statement.
- All risk assessments will be provided to staff and learners before the competition commences.
- Applicants must compete by themselves (no teams to be entered).
- No questions are allowed to be asked to judges if it is related to the task given.
- Attendants are to use only the equipment given by competition organisers.
- Attendants are not allowed to converse with competitors or receive information about specifics of the practical activity (roleplay must remain unknown to contestants to ensure fair challenge in assessing unknown situation).
- No material is allowed to be removed from the competition area unless specified.
- Competition will start promptly in the time specified to the participant (who arrives late will only be able to take part at the judge's discretion).
- Mobile phones are to be switched off during the competition (unless otherwise agreed beforehand).
- Listening to music via headphones is not permitted during competition (unless otherwise agreed beforehand).
- Additional time will only be allocated if the fault of faulty or missing equipment is beyond the control of the attendant (to be decided by the judge).

## Marking and Assessment

The marking and judging of this competition will be done by a team of experts from Further Education or Training Provider, using marking criteria and allocated marks to ensure consistency.

Marking Criteria	Percentage
First aid checklist	25%
Accident picture assessment - wound severity	20%
How to clean wound	35%
Correct use of PPE and disposal	20%
<b>Total</b>	<b>100%</b>

## **Competition Lead - Contacts**

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