



Victoria House

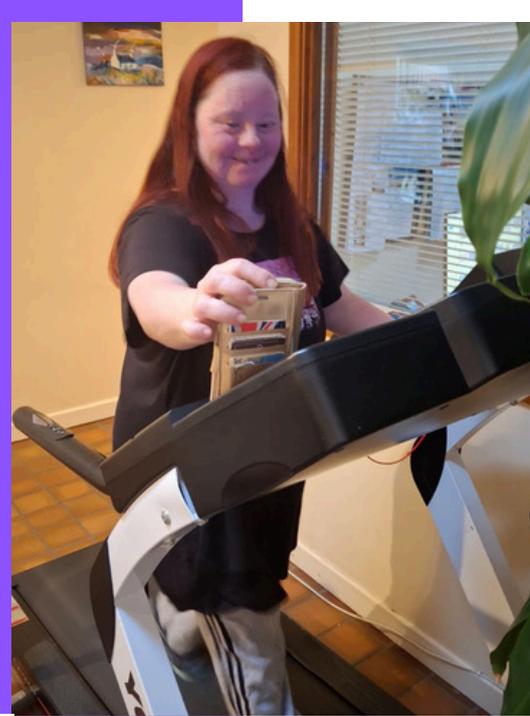
Monthly Newsletter

February, 2026

Shared Traditions and Team Spirit

February has brought warmth and a strong sense of community to Victoria House as we celebrated traditional days with shared meals and special treats. We have also focused on healthy habits and staying active, with great commitment from everyone.





GYM Time Fun

The guys have been enjoying their time in the gym, staying active and working on healthier habits. Everyone is having fun while making positive changes together, showing great energy, commitment and a lovely sense of teamwork.





Healthy Choices with a Smile

Richard plays up to the camera while choosing the best kiwis from the table for his breakfast, adding a touch of fun to a healthy start to the day.

Saturday Breakfast Moments

Sula and Richard enjoy a healthy Saturday breakfast together, sharing good food and a cheerful start to the weekend.



Helping Hands

Ellen and Rachel share a moment together while helping to tidy the kitchen, working as a team and supporting each other.



Sunny Sunday Smiles

Ellen and Rachel enjoy some time in the garden on a sunny Sunday, making the most of the fresh air and relaxed weekend atmosphere.

Valentine's Joy

Claire and Andrew share a special moment, holding hands and celebrating Valentine's Day with happiness at Weavery.



Hard Work at Golden Grove

Claire and George share a busy and productive day working hard at Golden Grove.



Happy Birthday, Clara!

Clara celebrates her birthday with the residents, with Rachel smiling beside her to share in the special day.

Birthday Sweet Moments

Clara enjoys her birthday cake, with Andrew smiling alongside her as they celebrate together.





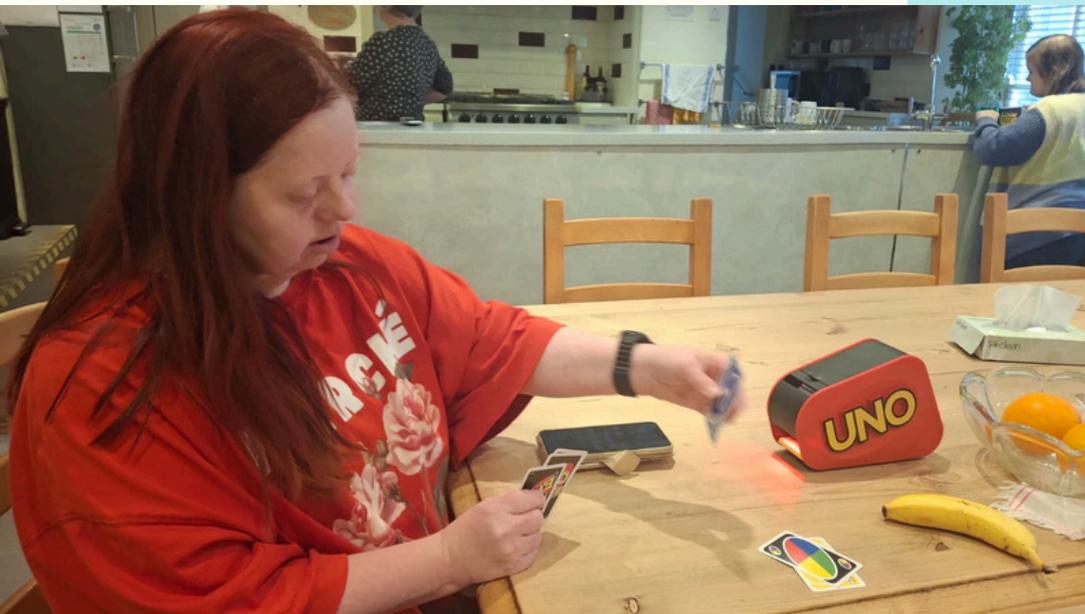
Pancake Day Fun

The guys celebrated Pancake Day with lots of happiness, each choosing different toppings. Alice treated everyone to a lovely and special day.



Game Night Fun

Claire, Andrew and the staff enjoyed board games on a Monday afternoon, putting their skills to the test with a lively game of Catch Phrase.



UNO and Smiles

Claire shared a game of UNO with the staff, enjoying a fun and relaxed afternoon together.

A Sweet Treat

Miriam enjoys a doughnut after her hair appointment, celebrating her fresh new haircut with a smile.



Afternoon Tea Together

Miriam and her family enjoy a lovely afternoon tea, sharing time, conversation and special moments together.





A Friendly Visit

A familiar kitty made its usual visit to Weavery, stopping by on Wednesday or Friday to say hello to the guys. Andrew took a moment to give his friend a gentle stroke..

Playful Moments

Miriam and Sula enjoyed playing with the cat and a ball of wool, encouraging it to jump and sharing lots of laughter.



A Special Bond

We all know who the cat's favourite is Sula! She enjoys the company while working at the loom, taking a happy little break with her furry friend nearby.

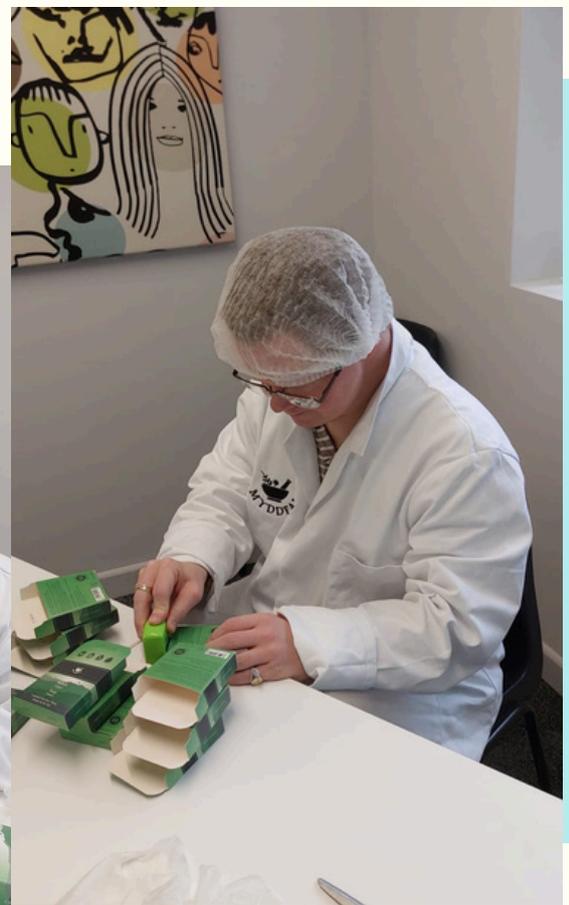


Art in Every Stitch

Ellen works on her cross-stitch at Weavery, creating a beautiful moon cushion. She is our specialist in cushions and cross-stitch, always producing lovely and detailed work.

Hard Work in Action

Miriam and Andrew are working with dedication, staying focused and putting in great effort throughout the day.



Back at Myddfai Trading

The guys are back at Myddfai Trading, getting to know their new work area and settling in with enthusiasm. They love it!



The top Llangadog RFC Supporter

A special highlight was Matthew sharing his passion for rugby as a proud Llangadog RFC supporter, bringing great team spirit into our home. He was awarded this title at last year's awards night. Well done, Matt!



Making the Most of the Dry Weather

Richard worked hard in the garden, enjoying the chance to get outside as it was finally a dry day..



Preparing for St David's Day

George, Andrew and Richard went shopping to choose the ingredients needed to make cawl for the celebration.

Cawl in the Making

Andrew is peeling the potatoes, putting in his best effort to help make the cawl delicious.





Cooking Together

Richard, Rachel, Sula and Andrew are all in the kitchen helping to prepare the cawl, working side by side as a team.

Chopping with Care

Rachel and Sula are cutting the carrots and potatoes, doing their very best to help make the meal special.



With Heartfelt Thanks

Thank you to our residents for filling each month with joy and creativity, to our families for their trust and support, and to our staff and volunteers for their kindness and dedication. You each help make Victoria House a truly special place.

Warmest Wishes

FROM



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